

Thursday, October 27th

13h00 : REGISTRATION OF THE CONFERENCE

14h00 - 15h30

Biological determinants of food choice

Chairman : Nathalie Delzenne (Bel)

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Opening lecture : Present situation

France Bellisle (Fra)

Hunger and satiety: development of food acceptance and rejection patterns

John Blundell (UK)

Functional foods for satiety: can they help?

Kees De Graaf (NL)

Sensory aspects of foods: their role in food choice and weight control

Coffee-break

16h00 - 17h30

Socio-economic determinants of food choice

Chairman : Stefaan De Henauw (Bel)

Adam Drewnowski (USA)

Obesity: a global problem or a problem of globalization?

Peter Scholliers (Bel)

Weighty problems? Food and body in the 19th and 20th centuries

Michael Nelson (UK)

Recommendations (I)

Wim Verbeke (Bel)

Recommendations (II)

Friday, October 28th

9h00 - 10h30

Psychological factors

Chairman : Jan Vinck (Bel)

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Psychologic determinants of food behaviour

Nathalie Rigal (Fra)

Psychological determinants of food choice in children

Claus Vögele (UK)

Lifestyle, diet and body weight regulation

Coffee-break

11h00 - 12h30

Physical activity and lifestyle : what evolution ?

Chairman : Ilse De Bourdeaudhuij (Bel)

Mikael Fogelholm (Fin)

What do we know ? Overview of scientific data

Jean-Michel Oppert (Fra)

What are the major challenges and barriers ?

Chantal Simon (Fra)

Recommendations

Friday, October 28th

14h00 - 17h00

Plenary and conclusions : round tables

Concrete initiatives in Belgium & Europe

Chairman : Jean Nève (Bel)

Jean Nève (Bel)

PNNS-B : a global plan for a federal state

Michel Chauillac (Fra)

PNNS : results of the first evaluations ?

Sandrine Rafin (Fra)

EPODE European Network Project

Jean-Paul Buts (Bel)*

Educative program in schools :
"Bon Appétit la Santé ! - Smakelijk en Gezond !"

Rebeca Foster (UK)

5 a day UK : how to rise the vegetables consumption ?

Stefaan De Henauw (Bel)

Exploration of existing nutrition action plans in the European Union Member States

Ilse De Bourdeaudhuij (Bel)

Physical Activity : successful strategies

*** to be confirmed**